HIKE FOR HEALTH
Wehr Nature Center:
Entrance - College Ave. between S. 92nd St. and S. 108th St.

INTERNATIONAL WALK TO SCHOOL DAY

EARLY MORNING BIRD WALKS
Riverside Park: 1500 E. Park Pl.: 8am-10am on Oct. 1st, 8th, 15th, 22nd, and 29th
Menomonee Valley UEC: 3700 W. Pierce St.: 8am-10am on Oct. 6th, 13th, 20th, and 27th
Washington Park UEC: 1854 N. 40th St.: 8am-10am on Oct. 7th, 14th, 21st, and 28th.

WALK THE MITCHELL MILE
Mitchell Park Conservatory (The Domes): 524 S Layton Blvd

FAMILY FALL HIKE
Washington Park UEC: 1854 N. 40th St. Milwaukee

Dia de los Muertos/Day of the Dead Mke - 5K Run/Walk and Parade
Walkers Square Park: located between Mineral & Washington and 9th & 10th Streets

Online activity tracker that awards money to schools for promoting walking and other healthy activities. Sign up at: WI.FireUpYourFeet.org

ShareAndBeAware.org