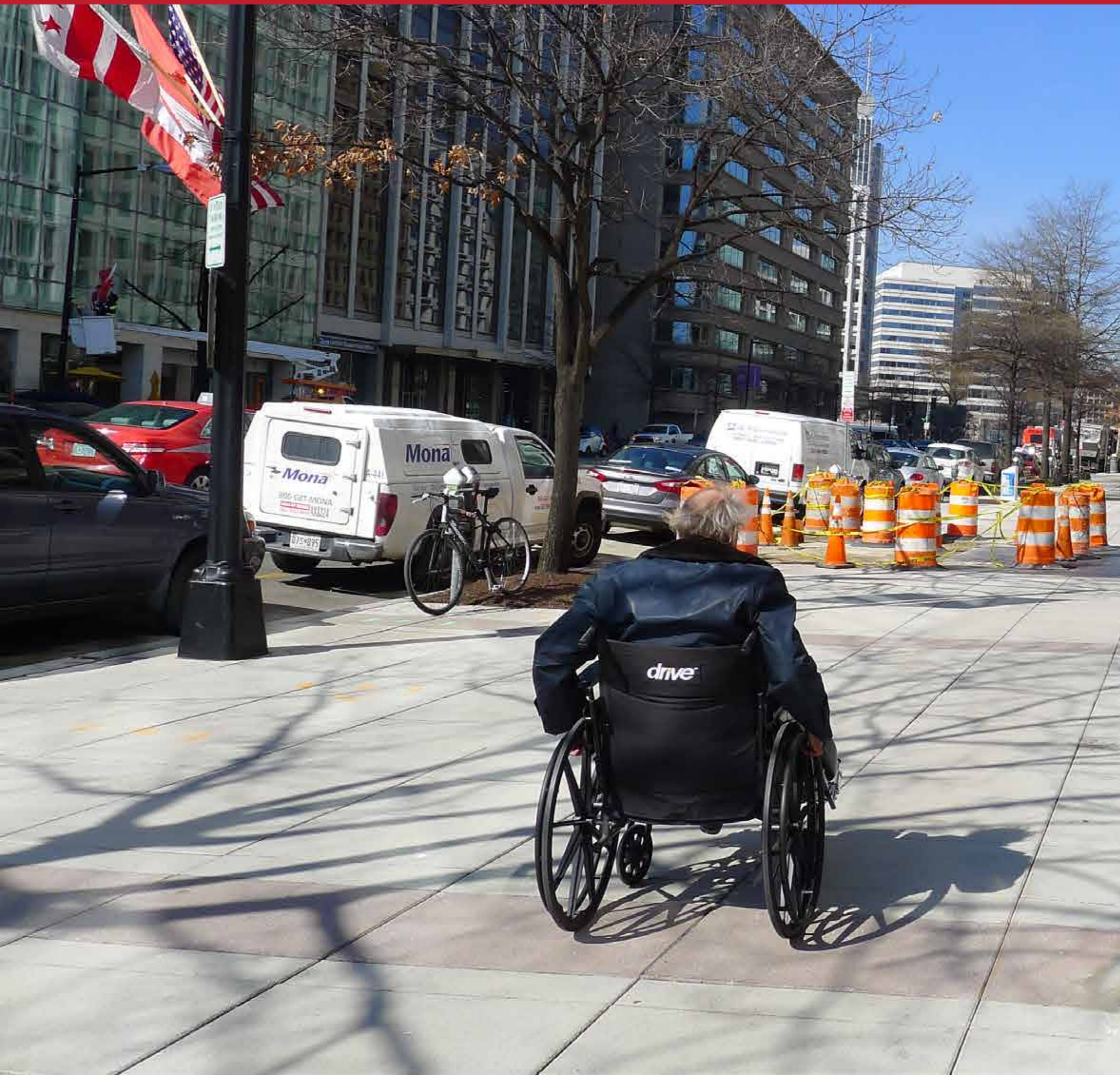


# Pedestrian Infrastructure Helps Local Economy



Just by walking pedestrians are able to reduce their weight, stress and sleep better. More than 50 percent of men and women never get more than 10 minutes of vigorous activity per week and obesity cost the U.S. \$147 billion in 2008. Increased safety measures and infrastructure can increase walking for short trips and reduce obesity.

Walking offers citizens a means of getting around that can save families money. Most households spend about 19.5% of their income on one car. Opportunities to walk can also create more local shoppers. And for every \$1 million spent on walking/biking projects 11-14 jobs are created.