WALK TOBER

Foundations for a Safe Year Outside



Free Resources for Milwaukee Public Schools



FREE Support for MPS Staff led by the Bike Fed's Expert Safe Routes Instructors

> 20 + MPS Staff will recieve a Personalized Bicycle Workshop tailored to their needs

Participants receive bicycle tools, locks, and lights. We are here to get you rolling!

Simply fill out this <u>Google Form</u> to get started.

Email: Safe Routes Manager michael.anderson@wisconsinbikefed.org for further details and to schedule a FREE session.





Step Away from the Screen!

Masked and socially distanced walks are a healthy way for school staff to stay connected, get active, and begin the foundations of your school's Safe Routes Program.

The Bike Fed's Safe Routes Instructors will help you faciliate and establish covid-concious safe walking habits.

Water bottles and other incentives provided.

Start now and get creative when it gets cold with Winter Walking activities at your school!







Encourage and motivate students to be active and healthy, especially during this time of virtual learning.

The Bike Fed is providing technical assistance to any MPS classroom interested in piloting a new app.

Using the <u>Active4.me Run Club app</u>, teachers and coaches can set fun daily challenges, and communicate with students.





This Safe Routes Initiative was launched by youth in San Mateo, CA and aims to go nationwide!

To learn more about the effort and for help celebrating contact Michael at the Bike Fed.

