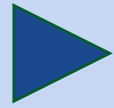


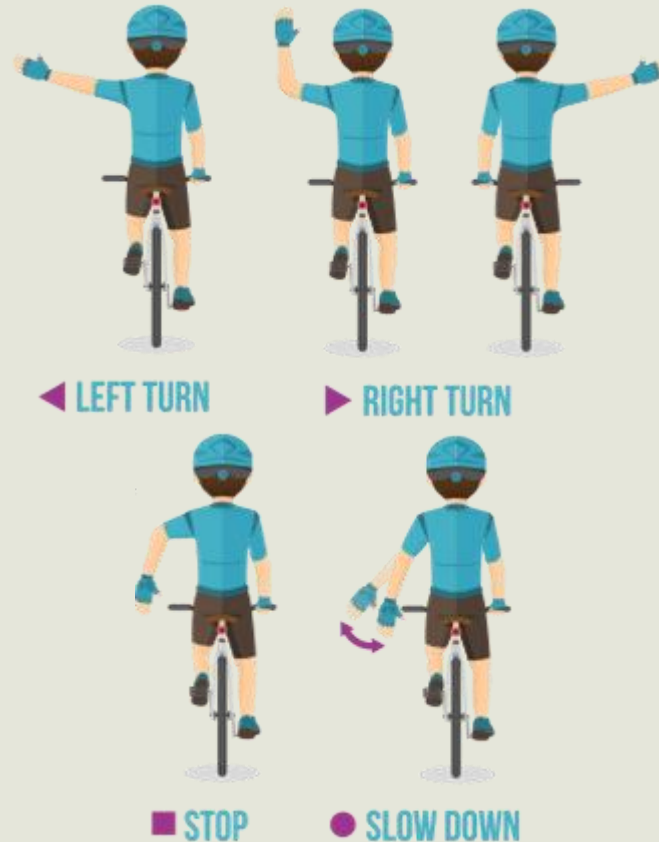
Station 2: Signals and scanning skills



Crash avoidance: Sudden swerve
Understanding signs and habits in traffic.

Beginners:

- Scanning – Put your chin on your shoulder to stay steady
- Signal with arm away from your body so your intent is very clear
- Hand should be back on the handlebar before beginning the turn
- Smile at everyone!



Advanced:

- Scanning – Remove your left hand from the handlebars to stay steady
- Signal with “Jazz hands” — movement is more noticeable
- Learn and use signals for road hazards and slowing
- Thumbs up and thank you wave

Drivers: Slow down, wait until it is safe to move over and pass. Be prepared for kids to swerve and turn unpredictably.

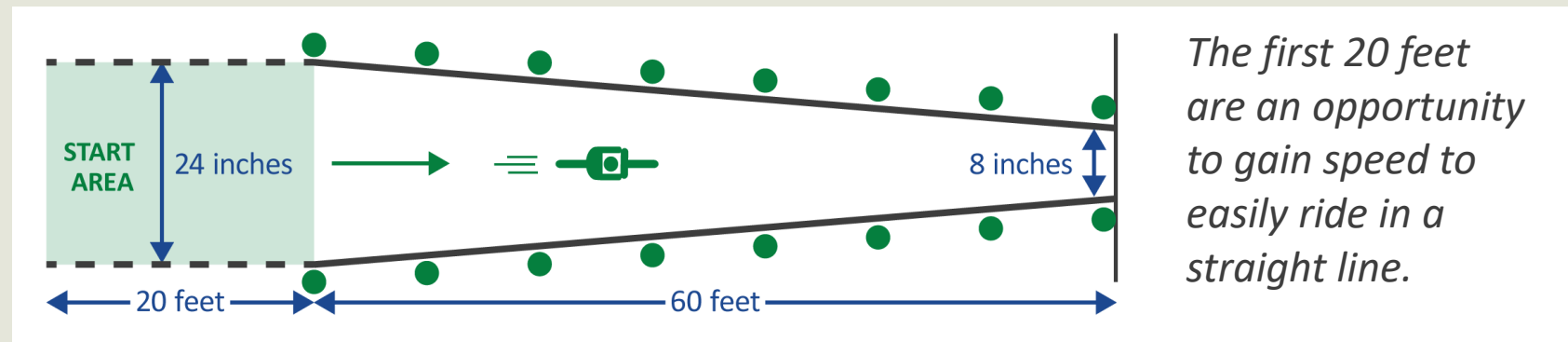
Station 2: Signals and scanning activity

▶ **Crash avoidance:** Before signaling, always look into traffic for a safe time to move out of your predictable pattern. Practice develops the habit of looking before going.

Tap kids on the left shoulder to remind them which way to look. Stand by the start area, hold up your arm(s) away from your body and say “LOOK.” Participant will shout out how many arms you are holding up.

New riders look in the widest section, helper stands far to the left to make it easy.

Experienced riders look in the narrow section, helper stands directly behind the rider.



Make it fun: Use colors or any object to help their observation skills. Use fingers (instead of arms) and do math to challenge older kids and work on multi-tasking, very much like a real-life situation.

Drivers: Slow down, wait until it is safe to move over and pass. Be prepared for kids to swerve and turn unpredictably.